

RAMADAN 2027 - MEALS / WEEK 1

Feb 08 - Feb 14 | 1448 AH | FCNA CALCULATED DATES

DATE	SUHOOR	IFTAR
Feb 08 / Mon		
Feb 09 / Tue		
Feb 10 / Wed		
Feb 11 / Thu		
Feb 12 / Fri		
Feb 13 / Sat		
Feb 14 / Sun		

GROCERY LIST & PREPARATION

Meal planning only. Add prayer and fasting times from your own local mosque.

RAMADAN 2027 - MEALS / WEEK 2

Feb 15 - Feb 21 | 1448 AH | FCNA CALCULATED DATES

DATE	SUHOOR	IFTAR
Feb 15 / Mon		
Feb 16 / Tue		
Feb 17 / Wed		
Feb 18 / Thu		
Feb 19 / Fri		
Feb 20 / Sat		
Feb 21 / Sun		

GROCERY LIST & PREPARATION

Meal planning only. Add prayer and fasting times from your own local mosque.

RAMADAN 2027 - MEALS / WEEK 3

Feb 22 - Feb 28 | 1448 AH | FCNA CALCULATED DATES

DATE	SUHOOR	IFTAR
Feb 22 / Mon		
Feb 23 / Tue		
Feb 24 / Wed		
Feb 25 / Thu		
Feb 26 / Fri		
Feb 27 / Sat		
Feb 28 / Sun		

GROCERY LIST & PREPARATION

Meal planning only. Add prayer and fasting times from your own local mosque.

RAMADAN 2027 - MEALS / WEEK 4

Mar 01 - Mar 07 | 1448 AH | FCNA CALCULATED DATES

DATE	SUHOOR	IFTAR
Mar 01 / Mon		
Mar 02 / Tue		
Mar 03 / Wed		
Mar 04 / Thu		
Mar 05 / Fri		
Mar 06 / Sat		
Mar 07 / Sun		

GROCERY LIST & PREPARATION

Meal planning only. Add prayer and fasting times from your own local mosque.

RAMADAN 2027 - MEALS / WEEK 5

Mar 08 - Mar 08 | 1448 AH | FCNA CALCULATED DATES

DATE	SUHOOR	IFTAR
Mar 08 / Mon		

GROCERY LIST & PREPARATION

Meal planning only. Add prayer and fasting times from your own local mosque.